Step 1

http://lib.asu.edu

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Step 2

Select and click on PubMed from list of Most Used Resources.
Step 3
Click on ‘Advanced Search’ and enter Keyword or Subject Heading into Search Box and Click on ‘Search’ Button.
Step 4

View Results

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View Results

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Step 5

Click on the ‘Advanced Search’ button and enter your next term Tai Ji and click on ‘Search’ Button.
Step 6

View Results.
Step 7
Select History Tab to combine Search Sets enter #1 AND #2, click on ‘GO’ button.  
(Notice the word AND is capitalized).
Step 8
Click on Limits Tab to set limits

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Step 9
Limit: Check boxes for Links to Full Text, Humans, English, and Systematic Reviews. Click ‘GO’ button.
Step 10

Review Results by clicking on History Tab.
Step 11

To email results, check the boxes of the citations you want to save, change drop down box from ‘Send To’ to E-mail.
Step 12
Fill in your email address and click on the Mail Button.

Fill this in with your email.
Step 13

Optional: Sign up for My NCBI.
Step 14
Click on Register for an account.
Step 15
Fill in completely and click on Register Button.